



MORGAN A. COPE

Centre College
Division III | Psychology
600 W Walnut St.
Danville, KY 40422 USA

Email: morgan.cope@centre.edu
Alt. Email: morgan.cope01@gmail.com
Website: <https://morgancope01.wixsite.com/morgan-cope>

ACADEMIC APPOINTMENTS

2024 Assistant Professor of Psychology, *Centre College*

EDUCATION

2024 Ph.D. in Experimental Psychology, *Florida Atlantic University*

2021 M.A. in Psychology, *Florida Atlantic University*

2019 B.S. in Psychology with honors, Magna Cum Laude, Phi Beta Kappa, *Ursinus College*

TEACHING

Instructor of Record

Psychology of Sexuality – Centre College (upper-level): Fall 2024, Fall 2025

Psychology of Cults – Centre College (upper-level): Centre Term 2026

Social Psychology – Centre College (upper level): Spring 2025, Fall 2025

Florida Atlantic University (upper-level undergraduate lecture): Spring 2023, Spring 2022

Experimental Design in Psychology – Centre College (lecture/lab): Spring 2025, Spring 2026

Advanced Research Topics in Psychology – Centre College: Spring 2026

Psychology and the Law: Independent Study – Centre College: Spring 2026

Survey of Psychological Science – Centre College (entry-level): Fall 2024

Graduate Experimental Design I – Florida Atlantic University (graduate; lab): Fall 2023

Statistics in Psychology – Florida Atlantic University (upper-level undergraduate; lab): Spring 2024, Summer 2023, Fall 2022, Summer 2022

Research Methods in Psychology- Florida Atlantic University (entry-level undergraduate; writing section) Fall 2020, Spring 2021, Fall 2021

Guest Lectures

2026 *Finding ‘me’ after ‘we’: Impacts of breakup on individual well-being.* (2/11/26; Senior Seminar in Psychology; Instructor: Kevin McIntyre, Trinity University)

2025 *The Gender Similarities Hypothesis* (2/25/25; Introduction to Gender Studies; Instructor: Dr. Nisha Gupta, Centre College)

- 2024 *Seeing 'me' in 'we': Identity in Close Relationships* (Honors Psychology Seminar; Instructor: Dr. David Bjorklund, Florida Atlantic University)
- 2021 *The Science of Close Relationships* (Honors Psychology Seminar; Instructor: Dr. David Bjorklund, Florida Atlantic University)
- 2019 *Close Relationships* (Social Psychology; Instructor: Dr. Robin Vallacher)
- Stereotypes, Prejudice, and Discrimination* (Social Psychology; Instructor: Dr. Robin Vallacher, Florida Atlantic University)

Teaching Workshops and Certifications

- 2025 Understanding Cults: A Foundational Course for Clinicians, Freedom of Mind Center (led by Dr. Steven Hassan, Clinical Psychologist)
- Inclusive STEM Teaching Course – Center for Teaching and Learning, Centre College
- Faculty Reflections on Learning: How to maintain confidence in the classroom – Center for Teaching and Learning, Centre College
- 2024 Syllabus Workshop and Artificial Intelligence Seminar – Center for Teaching and Learning, Centre College
- Using AI as a Teaching and Learning Assistant – Science Teaching Forum, Florida Atlantic University
- 2023 Artificial Intelligence, Real Results – Using AI in the Classroom – Center for the Future Mind, Florida Atlantic University
- Teaching Multilingual Students at the University – Professional English Language Support, Florida Atlantic University
- 2022 Networking at Primarily Undergraduate Institutions - Free Form Friday, Society for Personality and Social Psychology
- Online Course Instruction – Department of Psychology, Florida Atlantic University
- 2021 Teaching Assistantship Virtual Instruction Training – Department of Psychology, Florida Atlantic University
- 2020 Certification for Teaching at the University – Association of College and University Educators

RESEARCH

Journal Publications (*undergraduate co-author)

- Cope, M. A. & Mattingly, B. A.** (2025) Quick but not painless: Differential effects of dissolution trajectory on the self-concept. *Personality and Individual Differences*, 244.
<https://doi.org/10.1016/j.paid.2025.113254>

Cope, M. A., Reinka, M. A., & Mattingly, B. A. (2024). Ready for the next step: Novel commitment amplification in romantic relationships. *Journal of Social and Personal Relationships*, 41(6), 1481-1509. <https://doi.org/10.1177/02654075231224801>

Cope, M. A. & Mattingly, B. A. (2021). Putting me back together by getting back together: Post-dissolution self-concept confusion predicts rekindling desire in anxiously attached individuals. *Journal of Social and Personal Relationships*, 38(1), 384-392. <https://doi.org/10.1177/0265407520962849>

McIntyre, K., Mattingly, B., Gorban, S., & **Cope, M. A.** (2020). Do the consequences of relationship-induced self-concept change extend across partners? An actor-partner interdependence model approach. *Journal of Social and Personal Relationships*, 37(5), 1-9. <https://doi.org/10.1177/0265407520903799>

Manuscripts Under Review

*Zweben, D. & **Cope, M. A.** (*revise & resubmit*) Highs and lows of relationship behaviors: Constructing a Relationship-Specific Behavior Identification Form.

Coy, A., **Cope, M. A.**, & *Bakari, Z. (*revise & resubmit*) Limited or limitless? Developing the Love Scarcity/Abundance Scale.

Cope, M. A., *Fakunle, R. I., & Maniaci, M. R. (*under review*) From heart break to body ache: Physiological and psychological experiences shortly following romantic dissolution.

Puskey, J., Coy, A., Cope, M., & Bakari, Z. (*under review*) Exploring Attachment Dimensions and Relational Growth Mindset.

Manuscripts in Preparation (*undergraduate co-author)

Cope, M. A., Maniaci, M. R., & Mattingly, B. A. (*in prep*) Expanding me or conserving us? A multi-modal investigation of post-dissolution experiences and self-concept recovery.

Editorial Publications

Cope, M. A. (2021). In E. Ester and L. Mavica (Ed.), *Cognitive Psychology* (2nd Edition) [Complete Textbook PowerPoint Slide Decks]. Top Hat Monocle.

Cope, M. A. (2020). In R. R. Vallacher (Ed.), *Social Psychology: Exploring the Dynamics of Human Experience* (1st Edition) [Complete Textbook PowerPoint Slide Decks]. Taylor and Francis.

Professional Presentations

Chaired Symposia

Cope, M. A. (2025, February 19) *Expanding me or conserving us? A multi-modal study of self-concept recovery following romantic dissolution*. Presented at the annual conference for the Society for Personality and Social Psychology in Denver, CO

Research Talks

- Cope, M. A.** & Maniaci, M. R. (2026, *under review*). *Dynamics of dissolution: Capturing moment-to-moment fluctuations in affective and cognitive responses to romantic breakup*. Submitted to the International Association for Relationship Research's biannual conference in Glasgow, Scotland.
- Cope, M. A.**, Coy, A., & *Bakari, Z. (2026, *forthcoming*) Pol-I-Amory: Identity and self-change in ethically non-monogamous relationships. To be presented at the Society for Personality and Social Psychology in Chicago, IL.
- Cope, M. A.** (2024, November 2) *Lovesick: Longitudinal Effects of Romantic Dissolution and Self-Concept Loss on Somatic Symptoms of Illness*. To be presented at the annual conference for the Society for Southeastern Social Psychologists in Memphis, TN.
- Zweben, D. & **Cope, M. A.** (2023, November 4) *Highs and lows of relationship behaviors: Constructing a Relationship-Specific Behavior Identification Form*. Presented at the annual conference for the Society for Southeastern Social Psychologists in Charlotte NC.
- Cope, M. A.**, & Maniaci, M. R. (2022, October 29). *Capturing dynamics of romantic relationship appraisals: A Mouse Paradigm approach*. Talk scheduled for the Society of Southeastern Social Psychologists Convention, Oxford, MS; actually, presented at the Annual Society for Personality and Social Psychology Convention, Atlanta, GA.

Research Posters (*undergraduate co-author)

- *Korolevskaia, C., Coy, A., Bakari, Z., & **Cope, M.** (2025, November 7-8) Love, Attitudes, and Motivation in Asexuality. Presented at the 2025 Annual Society for Southeastern Social Psychologists in St. Petersburg, FL.
- Cope, M. A.**, Maniaci, M. R., & Mattingly, B. A. (2024, February 8-10). *Expanding me or conserving us? The role of self expansion preference in post-dissolution relationship rekindling and self-concept recovery*. Presented at the 2025 Annual Society for Personality and Social Psychology Convention in San Diego, CA.
- Bowers, J., **Cope, M. A.**, & Maniaci, M. (2024, February 8-10). *Can artificial intelligence evaluate attachment study through live interaction?* Presented at the Annual Society for Personality and Social Psychology Convention in San Diego, CA.
- *Gust, L., **Cope, M. A.**, & Maniaci, M. (2024, February 8-10). *Forgive-me-not: Individual differences in partner forgiveness in hypothetical relationship transactions*. Presented at the Annual Society for Personality and Social Psychology Convention in San Diego, CA.

- *Klopukh, I., **Cope, M. A.**, & Maniaci, M (2024, February 8-10). Close relationship attitudes: A dynamic semantic analysis approach. Presented at the Annual Society for Personality and Social Psychology Convention in San Diego, CA.
- *Fava, D., **Cope, M. A.**, & Maniaci, M., (2023, August 3-5). *Cognitive adaptations of experiencing parental divorce in romantic relationships*. Poster presented at the annual American Psychological Association convention, Division 08 – Society for Personality and Social Psychology.
- Cope, M. A.** (2023, March 29). *Putting me back together by getting back together: Who rekindles after breakup and why*. Poster presented at the Graduate Professional Student Association's annual research conference, Boca Raton, FL.
- *Davis T., * Zweben D., * Fava, D., **Cope, M.A.**, & Maniaci, M. R., (2023, February 25) *Variability in romantic relationship evaluations: A mouse paradigm approach*. Presented at the Annual Society for Personality and Social Psychology Convention, in Atlanta, GA.
- *Gust, L., * Weser, E., * Scott, K., * Jean, J., **Cope, M. A.**, & Maniaci, M. R. (2023, February 25). *Moment-to-moment evaluations of me: An investigation of the self using mouse-tracking data*. Presented at the Annual Society for Personality and Social Psychology Convention, in Atlanta, GA.
- Cope, M. A.**, Reinka, M., & Mattingly, B. A., (2023, February 23-25). *Amping up and getting close: Commitment amplification, attachment, and the self in romantic relationships*. Poster presented at the Annual Society for Personality and Social Psychology Convention, Atlanta, GA.
- Cope, M. A.** & Mattingly, B. A. (2022, February 16-19). *Decoupling and dissolution: The role of self and partner de-integration in predicting acute versus prolonged romantic relationship breakup*. Poster presented at the Annual Society for Personality and Social Psychology Convention, San Francisco, CA.
- Hagen, A., **Cope, M. A.**, Fennell, E., & Nowak, A. (2022, February 16-19). *An updated simulation of contextualized romantic relationship trajectories using cellular automata: A formal agent-based model*. Poster presented at the Annual Society for Personality and Social Psychology Convention, San Francisco, CA.
- Cope, M. A.**, Hagen, A., Fennell, E., & Nowak, A. (2021, July 6-8). *Simulating a village model of romantic relationship trajectories: An agent-based model across levels of social reality*. Poster presented at the Annual Society for Personality and Social Psychology Convention, virtual.

Cope, M. A., & Maniaci, M. R. (2021, February 13-15). *The emergence of close relationship construals: An action identification approach*. Poster presented at the Annual Society for Personality and Social Psychology Convention, virtual.

Cope, M. A., & Mattingly, B. A. (2020, February 17-19). *Relationship rekindling as a method of post-dissolution self-concept recovery in anxiously attached individuals*. Poster presented at the Annual Society for Personality and Social Psychology Convention, New Orleans, LA.

Mentored Undergraduate Poster Presentations (*undergraduate presenter)

*Fry, N. & **Cope, M. A.** (2026, *forthcoming*). *Sexadelics: A systematic analysis of personal narratives recounting sexual experiences on conscious-altering substances*. To be presented at the Midwestern Psychological Association's annual conference, Chicago, IL.

*Harris, L. & **Cope, M. A.** (2026, *forthcoming*). *The ultimate ultimatum: Conditional commitment amplification in queer relationships*. To be presented at the Midwestern Psychological Association's annual conference, Chicago, IL.

*Perez, A. & **Cope, M. A.** (2026, *forthcoming*). *More memes, less me: The content and role of extremist memes in incel identity and culture*. To be presented at the Midwestern Psychological Association's annual conference, Chicago, IL.

*Claude, J., *Amos, K., & **Cope, M.A.** (2026, *forthcoming*). *Coding heartbreak: Semantic analysis of romantic dissolution narratives*. To be presented at the Midwestern Psychological Association's annual conference, Chicago, IL.

*Roach, T., *Mora-Fernandez, M., & **Cope, M. A.** (2025, April 29). *Antecedents and effects of abrupt relationship dissolution on well-being*. Presented at the annual RICE Symposium, Centre College, Danville, KY.

*Gahm, P., *Yungbluth, C., & **Cope, M. A.** (2025, April 29). *When friends become foes: Is losing a friendship more distressing than losing a romantic relationship? The role of shame and guilt*. Presented at the annual RICE Symposium, Centre College, Danville, KY.

*Yungbluth, C., *Gahm, P., & **Cope, M. A.** (2025, April 10). *Not you, Boo: The impact of ghosting on self-concept clarity*. Presented at the Midwestern Psychological Association's annual conference, Chicago, IL.

*Mora-Fernandez, M., *Roach, T., & **Cope, M. A.** (2025, April 10). *Bad Blood': The difference of distress between platonic and romantic dissolutions*. Presented at the Midwestern Psychological Association's annual conference, Chicago, IL.

- *Morrison, R. W., **Cope, M. A.**, & Maniaci, M. R. (2024, April 5). *Measuring self-ambivalence: Creating the Self Positivity-Negativity Scale (SPNS)*. Presented at the Undergraduate Research Symposium, Florida Atlantic University, Boca Raton, FL.
- *Scott, K., **Cope, M., A.**, & Maniaci, M. R., (2023, April 14) *Part of you is always with me: Effects of prolonged self-other integration with ex-partners on current relationship outcomes*. Presented at the Spring Science Fest, Florida Atlantic University, Boca Raton, FL.
- *Fava, D., **Cope, M. A.**, & Maniaci, M. R. (2023, April 14) *Examining parental divorce in adult relationship processes: A scoping review*. Presented at the Spring Science Fest, Florida Atlantic University, Boca Raton, FL.
- *Zweben, D., **Cope M.A.**, & Maniaci, M. R., (2023, April 14) *Highs & lows of relationship behaviors: Constructing a Relationship- Specific Behavior Identification Form*. Presented at the Spring Science Fest, Florida Atlantic University, Boca Raton, FL.
- *Gust, L., **Cope, M., A.**, & Maniaci, M. R., (2023, April 14) *The role of Action Identification in reactions to romantic partner transgressions*. Presented at the Spring Science Fest, Florida Atlantic University, Boca Raton, FL.
- *Scott, K., **Cope, M., A.**, & Maniaci, M. R., (2023, April 7) *The role of residual self-other integration with an ex-partner on current relationship outcomes*. Presented at the Undergraduate Research Symposium, Florida Atlantic University, Boca Raton, FL.
- *Gust, L., **Cope, M., A.**, & Maniaci, M. R., (2023, April 7) *The role of Action Identification in reactions to romantic partner transgressions*. Presented at the Undergraduate Research Symposium, Florida Atlantic University, Boca Raton, FL.
- *Fava, D., **Cope, M. A.**, & Maniaci, M. R. (2023, April 7) *A scoping review of parental divorce: Themes, contrasts, and next steps*. Presented at the Spring Science Fest, Florida Atlantic University, Boca Raton, FL.
- *Davis, T., **Cope, M. A.**, & Maniaci, M. R., (2022, April 22). *Attachment anxiety and avoidance differentially predict post-breakup self-expansion, immersion, and rekindling*. Presented at the Undergraduate Research Symposium, Florida Atlantic University, Boca Raton, FL.
- *Weser, E., **Cope, M. A.**, & Maniaci, M. R., (2022, April 22). *Attachment style predicts relationship rekindling and rebounding in anxiously but not avoidantly attached individuals*. Presented at the Undergraduate Research Symposium, Florida Atlantic University, Boca Raton, FL.
- *Zweben, D., **Cope, M. A.**, & Maniaci, M. R., (2022, April 22). *Trait-level action identification predicts romantic relationship satisfaction*. Presented at the Undergraduate Research Symposium, Florida Atlantic University, Boca Raton, FL.

Invited Research Workshops

2023 Harnessing Social Psychology to Understand and Improve Health – Summer Institute of Social and Personality Psychology, Ohio State University

Faculty Advisors: Dr. Lisa Jaremka and Dr. John Updegraff

RESEARCH MANAGEMENT AND MENTORSHIP

Lab Management:

Principal Investigator, Relationship Science Centre (Fall 2024 – present)

Lab Manager, Close Relationships and Personality Lab (Spring 2021-Spring 2024)

Principal Investigator: Dr. Michael Maniaci

Lab Manager, Self and Relationship Science Lab (Fall 2018-Spring 2019)

Principal Investigator: Brent Mattingly

Supervised Undergraduate Honors Theses and Independent Projects

2025-2026 (Claude, J. & Amos, K.) How did it end? Semantic analysis of romantic breakup narratives.

(Damuluri, J.) Queer heartbreak: Observations and conditions of disproportionate effects of queer breakup on psychological well-being.

(Fry, N.) Sex-adellic: A systematic analysis of personal narratives recounting sexual experiences on conscious-altering substances.

(Harrison, N.) The ultimate ultimatum: Conditional commitment amplification in queer relationships.

(Perez, A.) More memes, less me: The content and role of extremist memes in incel culture.

2024-2025 (Mora-Fernandez, M. & Roach, T.) Not you, Boo: Examining the differential effects of ghosting and being ghosted on the self-concept

(Yungbluth, C. & Gahm, P.) Bad Blood: The role in uncertainty in predicting distress in platonic versus romantic relationship dissolution

2023-2024 (Fava, D.) Cognitive adaptations of experiencing parental divorce in adult romantic relationships

(Morrison, R.) Differential effects of identity- versus experience-based self-expansion on personal well-being and motivation

2022-2023 (Scott, K.) Part of you is always with me: Effects of prolonged self-other integration with ex-partners on current relationship outcomes

(Zweben, D.) Highs and lows of relationship behaviors: Constructing a Relationship-Specific Behavior Identification Form

(Gust, L.) Concrete versus conceptual construals in couple conflict: The role of Action Identification in responses to hypothetical partner transgressions in romantic relationships

Mentored Grants and Awards

2025 Undergraduate Summer Research Grant – Faculty Development Committee (\$2800, Centre College) June 1st – August 1st.

Investigators: *Dalumuri, J., *Redaker, L., & **Cope, M. A.**

2024 Undergraduate Research Grant – Office of Research and Inquiry (\$1200; Florida Atlantic University) January 24th – April 7th.

Investigators: *Fava, D., *St Val., M., **Cope, M.A.**, & Maniaci, M. R.

Undergraduate Research Grant – Office of Research and Inquiry (\$600; Florida Atlantic University) January 24th – April 7th.

Investigators: *Morrison, R., **Cope, M.A.**, & Maniaci, M. R.

2023 Undergraduate Research Grant – Office of Research and Inquiry (\$600; Florida Atlantic University) January 13th – April 7th.

Investigators: *Scott, K., **Cope, M.A.**, & Maniaci, M. R.

Undergraduate Research Grant – Office of Research and Inquiry (\$600; Florida Atlantic University) January 13th – April 7th.

Investigators: *Zweben, D., **Cope, M.A.**, & Maniaci, M. R.

Undergraduate Research Grant – Office of Research and Inquiry (\$600; Florida Atlantic University) January 13th – April 7th.

Investigators: *Gust, L., **Cope, M.A.**, & Maniaci, M. R.

Mentored Undergraduate Researchers

Current Mentees

Jazzy Damuluri, Summer 2025-present

Lauren Redaker, Summer 2025-present

Johnna Claude, Fall 2025

Nancy Fry, Fall 2025-Present

Angelli Perez, Fall 2025

Kylan Amos, Fall 2025

Leslie Harris, Fall 2025

Tirta Maharani, Spring 2026

Claire Yungbluth, Fall 2024-present

Elianna Soto-Martinez, Spring 2026

*Graduated Mentees (*attending graduate programs/working in Psychology or a related field)*

Massiel Mora Fernandez, Fall 2024-Spring 2025* Peyton Gahm, Fall 2024-Spring 2025*

Turner Roach, Fall 2024-Spring 2025*

Rebecca Fakunle, Fall 2024-Spring 2025*

Markeith St Val, Spring 2023-Spring 2024

Destiny Fava, Fall 2022 – Spring 2024*

Isabella Klopukh, Fall 2022 – Spring 2024*

Ryu Morrison, Spring 2023 – Spring 2024*

Dylan Ravid, Spring 2023 – Spring 2024*

Emily Schartz, Spring 2023-Spring 2024*

Scott Ledain, Spring 2023-Spring 2024

Marcos Bafle, Spring 2023-Fall 2023

Kendia Banks, Spring 2023-Fall 2023

Jada Bowers, Spring '22 – Summer '23*

Jeremy Jean, Fall '22 – Summer '23	Lanesha Bailey, Summer 23 – Summer 2023
Kaylah Scott, Summer 2022 – Spring 2023*	Taniya Davis, Fall 2021 – Fall 2022*
Laura Gust, Summer 2022 – Spring 2023*	Felipe Julio, Fall 2023 – Spring 2023*
Danny Zweben, Fall 2022 – Spring 2023*	Isa Briceno, Spring 2023*
Emily Weser, Fall 2021 – Summer 2022	Ana Martinez, Summer 2022 – Fall 2022
Alyson Winderbaum, Fall 2020–Spring 2021*	Jennifer Wilson, Fall 2020*
Nickoy Nunes, Fall 2020	

GRANTS, FELLOWSHIPS, AND AWARDS

2025	Faculty Development Research Award, Centre College
2025	New Course Development Grant, Centre College
2024	15 th Annual Graduate Research Competition Winner, Florida Atlantic University
2024	Florida Atlantic University Research Travel Grant
2024	Patricia Cross Future Leaders Award Nominee
2023	Florida Atlantic Graduate Professional Development Scholarship
2023	Summer Institute for Social and Personality Psychology Fellow
2023	Florida Atlantic University Research Travel Grant
2022	Florida Atlantic Graduate Fellowship for Academic Excellence
2022	Florida Atlantic University Research Travel Grant
2022	Jack B. Walker Memorial Scholarship, Florida Atlantic University
2022	Society for Personality and Social Psychology Travel Award
2021	Graduate Thesis & Dissertation Scholarship, Florida Atlantic University
2021	Covid-19 Research Grant - Florida Atlantic University
2020	Susan T. Dewar Memorial Scholarship, Florida Atlantic University
2019	Psi Chi Award of Excellence in Psychology, Ursinus College
2019	Phi Beta Kappa, Ursinus College

PROFESSIONAL SERVICE

Current Institutional Service Roles

Member | Institutional Review Board (Centre College)

Phi Beta Kappa | Vice President (*forthcoming* 2026); Member In-Course (2025; Centre College)

Coordinator | SONA Research Participant System (Centre College)

Affiliate Faculty | Women & Gender Studies (Centre College)

Affiliate Faculty | Social Justice Studies (Centre College)

Faculty Advisor | Centre Feminists (registered student organization, Centre College)

Division III Representative | Library Advisory Committee (Centre College)

Current Scholarly Service Roles

Peer-Review Journal Review

Editorial Board Member:

Journal of Social and Personal Relationships

Ad-Hoc Journal Reviewer:

Behavioral Sciences

Self and Identity

Personality and Individual Differences

Personal Relationships

Humanities and Social Sciences Communications

Mentored Internships2026 CJ Wilson | *Sports Psychology: Self-Perceptions and Performance* (Centre Term)2025 Massiel Mora Fernandez | *Clinical Psychology: Mental Health Assistant* (Spring Term)Peyton Gahm | *Applied Learning & Conditioning: Coaching Assistantship* (Spring Term)Madi Winfield | *Sports Psychology: Mindset in Injury Recovery* (Centre Term)**Media Appearances:**[Centre College News \(2026\)](#) Centre students explore the psychology behind high-control groups[TIME Magazine \(2025\)](#) 5 Steps To A Dignified Breakup.[MSN \(2025\)](#) This is a rude way to end a friendship. But a lot of us do it anyway.[Huffington Post \(2025\)](#) It might feel like it's kinder than a confrontation, but ghosting your friends sucks too.[Good Housekeeping \(2025\)](#) 21 Signs of a Healthy Relationship, According to Therapists[TIME Magazine \(2025\)](#) The Best and Worst Things to Say To Someone Going Through A Breakup[Huffington Post \(2025\)](#) This 1 iPhone Setting Might Be Messing With Your Friendships.[CNN \(2025\)](#) Is it better to break up before or after Valentine's Day?[SELF Magazine \(2025\)](#) Breaking up over text: Ethics and Etiquette.[YahooLife \(2025\)](#) Friendships are essential for a happier, healthier life. What do you do when there's conflict?[YahooLife \(2025\)](#) Should you wait until after Valentine's Day to break up with someone?[Psychology Today \(2024\)](#) 5 Questions to Answer Before Reuniting With an Ex - 5 critical questions to evaluate if giving past love a second chance is wise.[The Atlantic \(2022\)](#) What Second-Chance Couples Know About Love Getting back together with an ex is risky—but it might pay off.[Psychology Today \(2022\)](#) What Leads People Back to an Ex Breakups can make someone's self-concept less clear.[PsyPost \(2021\)](#) Breakup-induced confusion about one's self-identity helps explain the desire to get back together with an ex-partner.[Medium \(2021\)](#) What Wanting to Get Back with an Ex Might Say About You, Psychologically Attachment anxiety and self-concept issues seem to be important.[Psychology Today \(2020a\)](#) Who Is Most Eager to Get Back Together With an Ex? What the desire to rekindle a former flame says about you.**Podcast Features:**

[Love, Happiness and Success with Dr. Lisa Marie Bobby](#) – Episode 443 – Love Shouldn't Erase You: Stop Losing Yourself in a Relationship

[Girls Night with Stephanie May Wilson](#) – Episode 284 – How to Recover From a Breakup (and Find your Spark Again!).

[Relationship Matters Podcast](#): Journal of Social and Personal Relationships, Episode 99 – Putting me Back Together by Getting Back Together (guest feature; Host: Dr. Bjarne Holmes).

Social Media Impact:

[r/Science Reddit \(2021\)](#) (+52,000 upvotes, + 2,000 engagements)

[r/Psychology Reddit \(2021\)](#) (+1,200 upvotes, +50 engagements)

[Twitter\(2021\)](#) (shared by the Society for Personality and Social Psychology @SPSPnews)

DIVERSITY, EQUITY, AND INCLUSION

Leadership Positions & Memberships

- 2025 Diversity Advocate for Faculty Hiring – Centre College (ongoing)
- 2024 Faculty Co-Advisor | Centre Feminists – Centre College (ongoing)
Member | Queer Faculty and Staff Caucus – Centre College (ongoing)
- 2022- President | Feminist Graduate Student Association – Florida Atlantic University
- 2024 Student Ambassador | Schmidt College of Science's Coalition for Diversity, Equity, and Inclusion – Florida Atlantic University
- 2020- Vice President and Treasurer - Feminist Graduate Student Association - Florida Atlantic University
- 2022 Atlantic University

Organized Alternative Academic Symposia

- 2024 The Screaming 20's: Recycled anger in Feminist American issues across centuries – Florida Atlantic University
- 2023 The Undergraduate Passion Expo: A reverse career fair for undergraduates – Florida Atlantic University, *event founder*'23

Between the world and she: Intersectional approaches to environmental feminism – Florida Atlantic University
- 2022 Campus breezeway dialogues: How to have civil discourse about abortion – Florida Atlantic University

Praxis plugged in: Applying feminist theory in an increasingly digital world – Florida Atlantic University
- 2021 Supporting minoritized student life in the Covid 19 pandemic: A mental health symposium – Florida Atlantic University

CAMPUS ENGAGEMENT

Invited Campus Events

- 2026 Psi Chi Induction Invited Keynote Speaker – Ohio Wesleyan University (*forthcoming*)

- 2025 Healthy Relationships...What Does It Take? A Talk With the Kappa Alpha Theta House – Centre College
Self-Expression in the Age of Oppression – Centre Pride Alliance – Centre College

Alternative Talks, Interviews, and Consulting

- 2025 Help! My Boyfriend is AI: Exploring modern human romantic relationships with LLM's – Building Bridges Day – Centre College
Romantic Relationships and the Self: Introducing the Relationship Science Centre – Friday Faculty Hour, Centre College
Humanity Above Hierarchy: Cultivating Dignified Leadership in Stratified Human Relationships – Women's Leadership Conference – Centre College
- 2024 The Costs of Cramping – Building Bridges and Community Day – Centre College
- 2023 WPEC CBS12 News – 2023 FAU presidential search: The importance of qualified leadership and transparency in hiring at universities
Florida Atlantic University Breezeway Dialogue: Diverse viewpoints through civil discourse – Should the US Constitution be interpreted as a living document or as originally understood?
Power not pity: Harnessing strength in mental and physical diversity – EmPOWERed Students Symposium, Multicultural Programming in Student Government, Florida Atlantic University
- 2022 Seeing me in my CV: Creating, personalizing, and refining graduate school application materials for first generation students– Undergraduate Psychology Club, Florida Atlantic University

Organized Campus Events

- 2025 Love Unfolded – Celebrating self and romantic love on Valentine's Day with the Relationships Science Centre – Centre College
Psychology Research Program – End of Term Celebration – Centre College

Student-Organized Attended Events

- 2025 RICE Symposium Poster Judge – Centre College
First Year Amazing Race Psychology Faculty Facilitator – Centre College
- 2024 Psychology & Neuroscience Club Bonfire/Transfer Student Dinner - Centre College
Rainbow Ball – Queer Faculty and Staff Caucus - Centre College
FaculTea – Professor Appreciate with Student Greek Life - Centre College
Finals Late Night Breakfast Volunteer – Centre College
Lets Taco 'Bout It: A Direct Discourse on Sexual Health - Centre College

PROFESSIONAL MEMBERSHIPS

- Phi Beta Kappa | Centre College Chapter – 2026 Call-Out Committee, Member

Society for Personality and Social Psychology – Member
APA Division 2 Society for the Teaching of Psychology – Member
International Association for Relationship Research – Member
American Psychological Association – Member
Psi Chi International Honors Society – Lifetime Member

REFERENCES

Brent Mattingly, Ph.D.

Associate Professor, Department of Psychology, Ursinus College

601 E. Main St., Collegeville, PA 19426

Email: bmattingly@ursinus.edu | Office Phone: 610-409-3289

Kevin McIntyre, Ph.D.

Professor and Chair, Department of Psychology, Trinity University

1 Trinity Pl, San Antonio, TX 78212

Email: kmcintyr@trinity.edu | Office Phone: 210-999-8383

Michael Maniaci, Ph.D.

Associate Professor, Department of Psychology, Florida Atlantic University

777 Glades Rd., Boca Raton, FL 33432

Email: mmaniaci@fau.edu | Office Phone: (561) 297-3305

Robin Vallacher, Ph.D.

Professor, Department of Psychology, Florida Atlantic University

777 Glades Rd. Boca Raton, FL 33486

Email: vallacher@fau.edu | Office Phone: NL