What is your COVID-19 Plan?

This is a guide to assist you and your family as you plan for what you will do IF you test positive for COVID-19 and are required to isolate, or you are named as a close contact and required to quarantine.

1. If you test positive for SARS CoV-2, then you must isolate for 14 days.
   
   A. If your residence is within a reasonable (within 4 hour) drive from campus, then you should return home for 14 days.
   
   • If you are asymptomatic, have a car, and can safely drive yourself home then you should plan to do so. If you do not have a car on campus, two people could drive from home in separate vehicles. The student could drive one car home and the other two should ride together in the other vehicle.
   
   • Separate yourself from other people in your home, and use a separate room and bathroom if possible.
   
   • Stay home except to get medical care.
   
   • Have family members bring food, medicine, and other supplies to your room.
   
   • Monitor your symptoms daily.
   
   • Communicate with your campus contact tracer/case manager.

   B. If your residence is not within a reasonable (within 4 hour) drive from campus, then Centre will provide temporary housing, appropriate for isolation.

2. If you have been identified as a close contact, then you must quarantine for 14 days (even if you test negative).

   A. If your residence is within a reasonable (within 4 hour) drive from campus, then you should return home for 14 days.

   • If you are a close contact, have a car, and can safely drive home then you should drive yourself home.

   • If you are a close contact and test negative by rapid test, then someone from home could pick you up, but both parties should wear a mask and ride with the windows down or cracked to allow fresh airflow. Even with these measures, there may still be risk of transmission.

   • Stay home except to get medical care.

   • Monitor your symptoms daily.

   • Communicate with your campus contact tracer/case manager.

   B. If your residence is not within a reasonable (within 4 hour) drive from campus, then Centre will provide temporary housing, appropriate for quarantine.